



7th June 2023

Mr Joao Roberto Marinho
President
O Globo Journal

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<https://amhb.org.br/>

LMHI

Liga Medicorum Homoeopathica Internationalis, 1400 Sk.Baysak 1 Ishani N:9/3 Alsancak-Izmir,

Turkey <https://www.lmhi.org/>

ECH

The European Committee for Homeopathy, ECH Secretariat, Noorwegenstraat 49, Haven 8008X, 9940
Evergem (Gent), Belgium

<https://homeopathyeurope.org/>

Faculty of Homeopathy (UK)

CAN Mezzanine, 49-51 East Road, London N1 6AH, UK

<https://facultyofhomeopathy.org/>

NCH (USA)

National Centre for Homeopathy, PO Box 1856, Clarksburg, MD 20871-1856, USA

<https://www.homeopathycenter.org/>

National Commission for Homeopathy (India)

61-65, Institutional Area, Opp. 'D' Block, Janak Puri, New Delhi- 110058, India

<http://nch.org.in/contact-us>

Union for Diplomate Homeopathic Physicians (UDIHoP)

<https://www.udihop.net>



HRI

Homeopathy Research Institute, International House, 142 Cromwell Road, Kensington
London SW7 4EF, UK

<https://www.hri-research.org/>

Dear Sir,

**Article “Tina Turner and Homeopathy”
by Natalia Pasternak, Biologist, in O Globo, 29 May 2023**

Concerning your recent article about the alternative medicine Homeopathy entitled “*Tina Turner and Homeopathy*” by biologist Natalia Pasternak published online on 29 May 2023; we would like to clarify your serious misconceptions about traditional Classical Homeopathy with the following information.

Firstly we must draw your attention to the fact that so many writers, journalists and other assorted critics of Homeopathy are not inclined to garner much scientific knowledge about authentic Homeopathy and it is clear from their published works that they only spend a few minutes to surf the internet, chat with a couple of fellow sceptics before hacking out a summary of what they believe covers the ‘story’. This *modus operandi* might indeed work for mainstream subjects, but it fails miserably when it comes to understanding the rigorous scientific discussions concerning traditional Classical Homeopathy.

Secondly it is well known there are senseless and strange ideas in alternative medicine - as indeed there are in conventional medicine - but those foolhardy theories and practices ascribed to what they deem ‘homeopathy’ must not be confused with the effective alternative medicine, Classical Homeopathy, as promulgated by Dr. Samuel Hahnemann.

We therefore urge you to read Professor George Vithoulkas’ Article published in 2008, “*British media attack on Homeopathy: Are they justified?*” Here Professor Vithoulkas severely condemns the so-called “new ideas” believed to be ‘homeopathy’ which do not bear any relation to the stringent principles, scientific theory and exacting practice of traditional Classical Homeopathy. (<https://www.thieme-connect.com/products/ejournals/html/10.1016/j.homp.2008.02.004>). Pasternak’s article has incorrectly associated such foolhardy theories and practices with Classical Homeopathy, when they clearly have nothing to do with conventional Homeopathy. For example, tinctures of mercury, remnants of meteorites, fragments of Berlin Wall, energy crystals, or powders exposed to cell phone signals are definitely NOT Classical Homeopathy – this incorrect association is merely clickbait for sceptics.

Throughout Pasternak’s article there is repeated lack of understanding regarding the difference between alternative medicine and complementary medicine. It is important to separate Homeopathy from other so called therapeutic methods, and this was exactly the content of the speech of Professor George



Vithoulkas at the Council of Europe (see details below):

“In May 1998, the Social, Health and Family Affairs Committee heard Mr Vithoulkas, a homeopath who has been awarded the Alternative Nobel Prize, and who identifies three separate categories: firstly, alternative medicine, which includes homeopathy and acupuncture; secondly, complementary medicine, which includes osteopathy, chiropractic, herbal medicine, naturopathy and so on; and a third, paramedical, category comprising techniques such as music therapy and meditation which bear no relation to medicine proper.” - COUNCIL OF EUROPE / Parliamentary Assembly, Doc. 8435 / 11 June 1999, *A European approach to non-conventional medicines*, Report: Social, Health and Family Affairs Committee, Rapporteur: Ms Lara Ragnarsdóttir, Iceland, European Democratic Group

Moreover, in Pasternak’s haste to condemn homeopathy and elevate her career as a sceptic, she implies throughout her article that homeopathy should be abandoned after one unsuccessful case. We will respectfully point out that similar unsuccessful cases are in their *billions* in the world and, moreover, these unwitting medical casualties are slowly and uncomfortably dying under allopathic medication – however, with allopathy, criticism is censored because allopathy is allegedly ‘scientific’! The wilfully ignorant will not admit iatrogenic illness is a reality.

We shall also remind you that the late Tina Turner was active and received a *Grammy Lifetime Achievement Award* in 2018 when she was 78, and inducted into the *Rock and Roll Hall of Fame* as a solo artist in 2021 when she was 81. Therefore, her level of health was good, despite her unsuccessful treatment by unconventional “homeopathic” methods that did not concur with traditional homeopathic principles.

We may also point out that examinations of many homeopathic trials showed that studies rarely account for homeopathic principles in order to assess the effectiveness of the treatment. The main flaw was that trials reflect the point of view that the treatment with a specific remedy could be administered in a particular disease. However, Homeopathy aims to treat the whole person, rather than the disease and each case has to be treated individually with an individualized remedy. Furthermore, the commonly known events during the course of Homeopathic treatment, such as “initial aggravation” and “symptom-shift” were not considered in almost all the studies. Thus, only few trials were eligible for meta-analyses, if at all. (Vithoulkas G., Serious mistakes in meta-analysis of homeopathic research, *Journal of Medicine and Life* Vol. 10, Issue 1, January-March 2017, pp.47-49)

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5304371/>. Note that the main research paper on which the attack on Homeopathy was based was the meta-analysis by Linde K, Clausius N, Ramirez G et al. *Are the clinical effects of homeopathy placebo effects? A meta-analysis of placebo-controlled trials*. *Lancet*. 1997; 350:834-43.

Homeopathy *does* work – especially when it is practised and prescribed correctly. The effects after correctly prescribed *homeopathic* medicines are plain to see, and they certainly



are *not* placebo. We request you take the time to read below a few scientific papers displaying impressive cured cases with Homeopathy.

<https://www.vithoulkas.com/research/clinical-cases>

Also note that a significant number of credible and positive experimental studies on Homeopathy at molecular, cellular and clinical levels which have been published in peer review medical and scientific Journals are presented below for the serious researcher. The research papers are categorised into three groups which you may view separately using the hyperlinks (in brackets): Human Studies, Animal Studies and *In Vitro* Studies. These papers have been rigorously researched and produced by medical scientists, and have been approved and published in internationally-recognised, highly-respected Journals or other approved scientific sources of research material:

<http://www.vithoulkas.com/research/positive-articles>

We consider it expedient for you to view the recent Swiss Report about Homeopathy:

<http://www.springer.com/la/book/9783642206375>

We are also including these useful links from the World Health Organisation (WHO) about Homeopathy for your perusal:

http://apps.who.int/iris/bitstream/10665/92455/1/9789241506090_eng.pdf?ua=1

http://apps.who.int/iris/bitstream/10665/44238/1/9789241598842_eng.pdf

We now respectfully draw your attention to the fact that Professor George Vithoulkas was awarded with the Right Livelihood Award (Alternative Nobel Prize) in 1996, "*for his outstanding contribution to the revival of homeopathic knowledge and the training of homeopaths to the highest standards.*"

<https://rightlivelihood.org/the-change-makers/find-a-laureate/george-vithoulkas/>

We consider it our mutual moral duty to support and defend the Human Rights of people which include the innate desire of patients to choose the therapeutic modality they feel is better for themselves. An important issue of democracy is respect for the patient, and improvement of quality of life for humanity.

We trust you have taken the time to carefully read all the foregoing and that you now understand that thousands of effective treatments with traditional Classical Homeopathy all over the world for centuries owe more than just *BELIEF* to its effectiveness. Classical Homeopathy is a scientific empirical medicine and it *WORKS* - with health benefits witnessed in clinics on a daily basis in patients of all ages.

It is impossible for this biologist's report to be correct because, if the late Tina Turner had been treated correctly by a well-educated homeopath, i.e. one who uses one remedy at any one time in a high potency, it would be totally impossible for that homeopathic medicine to damage the kidney or any other organ. Therefore, it is ridiculous to ask for a ban on homeopathy because of such invalid misinformation.



Finally, we must add that Classical Homeopaths have seen Classical Homeopathy *work* for sceptical adults, and also for small infants and animals as well – where belief *per se* does not exist. Therefore, we conclude that your article “*Tina Turner and Homeopathy?*” by Natalia Pasternak is poorly researched, biased to the point of ignorance, and not the quality of article one should encounter in the **O Globo** newspaper. If you should need further clarification, we are at your disposal to send you additional details about the magnificent work being done at present around the world by authentic Classical Homeopaths. Therefore, we demand the publication of our letter in your magazine.

Yours faithfully

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