

## **AIDS: The Real Cause**

**By Prof. George Vithoukas (January 2007)**

I think that a controversy has already started between two main and opposing points of view:

- a. That Aids is caused by the HIV virus and
- b. That AIDS is the result of drug overuse

As I think I have already contributed a lot to such arguments through my writings, I believe Nature will give me the privilege to express my views in a nutshell.

It seems to me that both the above assumptions are over-simplifications of a much more complicated issue.

In case (a) the final phenomena, which is the appearance of a virus in the body, is considered as **the cause of the disease** when in effect it is actually **the result of it**.

In case (b) only part of the truth is stated. Not every one who takes antibiotics will risk developing the AIDS symptomatology - though they may risk developing other syndromes like the post-viral syndrome (the chronic fatigue syndrome). *Only those individuals who have been repeatedly infected by venereal diseases and who have used repeatedly and for long periods of time antibiotics are in the risk group.*

The whole of the above argument has been dealt with in a hypothesis I wrote in 1986 with all the supporting evidence I could find at the time. The title of this book was "A New Model for Health and Disease, the real cause of AIDS" published first in Dutch in 1988 by Elmar, in Italian in 1989 by the Editoria Cortina and in English in 1991 by North Atlantic Books in the U.S.A. I first spoke about these ideas in a congress in Burlingame in California as early as 1984 as well as in different other seminars.

The main points that I support through this hypothesis about the specific AIDS syndrome are the following:

**1. The AIDS virus first appeared in the promiscuous group of homosexuals. The research, at least in the beginning, showed clearly that these individuals had already been infected several times by venereal diseases and treated repeatedly with antibiotics.**

Actually the high-risk groups (promiscuous homosexuals, prostitutes, promiscuous heterosexuals or bisexuals, Haitians and finally the African people during their sexual liberation era) were all people with repeated exposure to venereal diseases and consequent treatment with antibiotics. Actually, promiscuous homosexuals with AIDS had confided to me and to my students that they would take antibiotics every day, before their casual encounters and for long periods of time as a preventive measure.

**2. The initial appearance of a specific virus in the human body was only the result of a depleted and harassed immune system and not the cause of it.**

It is a similar phenomena with worms eating up a dead body. Every stage of degeneration of a human organism has its own particular microbes, bacteria, virus, etc. thriving on it. The appearance of the virus took place initially because the immune system was degraded to a specific degree through a series of repeated assaults of antibiotics in a considerably short time, while it was already under the stress of a venereal disease - mainly syphilis and/or gonorrhoea. It seems that the combined stress of an organism, which is repeatedly infected with venereal diseases and treated with antibiotics, develops a state that resembles the AIDS syndrome.

**3. The virus must have initially developed through an endogenous process of repeated mutations. After staying in the bodies of the victims for long periods of time it became stronger and stronger as if in a friendly incubator.** This fact had a two-fold effect:

- a. That the sick individual **was quickly destroyed** and
- b. That the virus **became stronger and more virulent** during this incubation.

Research will most probably show in the future the different states of the virus and its different virulence in different stages of the disease and in different individuals. At the moment there is confusion because of these issues.

**4. Once the virus had become mature -virulent- through such nurturing, it could then infect other organisms more easily.**

I believe that we are actually witnessing in our times the maturing of different viruses with unknown consequences. We are observing a part of a process and we are confusing it for the cause.

**5. The severity of the infection depends on the predisposition and the state of depletion of the immune system during the time of infection.** I believe that soon some genetic parameters will be found accounting for a predisposition in the severe AIDS cases. Some people with great susceptibility were infected and immediately developed the disease, culminating speedily in a fatal outcome, while others with not such a great predisposition will either develop a milder or a similar disease or will not develop the disease at all. .

6. If the above assumptions are correct then **there must be several other viruses that will be discovered soon to account for similar symptomatology, in different predispositions.** It may not come as a surprise that in the future we will be creating newer and newer species of viruses through mutations if we do not stop unwisely intervening in to the human organism with stronger and stronger chemical drugs.

The whole argument cannot be expostulated here but one can read it in my book "A New Model for Health and Disease - the real cause of AIDS".