

The book ***A New Model for Health and Disease*** is now available in Portuguese!

The very interesting book of Professor Vithoukas, "***A New Model for Health and Disease***", is now available in Portuguese. This book presents important facts concerning the issues involving the established medicine failing in its mission to prevent or cure many diseases and the actual health degeneration, caused by the exaggerated prescriptions of drugs and its consequences for the human race.

In this treatise, Professor Vithoukas exposes a New Model of Health and Diseases, specifying the natural laws that rule the process of health and disease, making clear what are the options of the therapeutic modalities available to obtain the best possible results. It is also pointed out in the pages, the current situation of suppression and neglect of these therapeutic modalities in the world, especially by the majority of medical authorities.

According to Professor Vithoukas, "the excessive use of prescription and non-prescription drugs has given rise to the AIDS epidemic and will give rise to worse problems in the future."

Vithoukas relates the increasing incidence of AIDS, cancer, asthma, epilepsy, schizophrenia, Alzheimer's disease, rheumatoid arthritis, and other difficult-to-control illnesses to the weakening of the immune system from the over-prescribing of drugs. It strongly emphasizes the need to focus on an 'energy' medicine, since the human beings are not composed only by the physical body, as it is considered by the established medicine, but they present also the emotional, mental and spiritual entities. Only when we fully integrate the role of the psyche, spirit, and emotions into our explanations of illness, he says, we will be able to create a fuller definition of health and change our conception and methods of treatment.

The book is available in e-book format (digital) and for reading, you need to download the Kindle application or use the Amazon Kindle reading device. The digital format offers comfort, practicality, highlighting, taking notes, letters adapted for the vision and other reading features.

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