

Alonissos, Greece 5th of November 2018

Open letter to Minister of Health of Spain concerning Homeopathy

Dear Minister of Health, Mrs Maria Luisa Carcedo Roces,

The purpose of my letter to you is to give detailed and reliable information about correct and genuine Homeopathy as there are several misconceptions and misunderstandings concerning this therapeutic modality.

FACTS ABOUT HOMEOPATHY

I will give you only **facts** and I will be more than happy to hear your questions on those.

1. It is well known that there are senseless and strange ideas in alternative and complementary medicine but these must not be confused with the serious and effective medicine, Homeopathy, as was promulgated by Dr. Samuel Hahnemann.

This is the reason that Prof. George Vithoukas¹ wrote the following article several years ago “British media attack on Homeopathy: Are they justified?”. In this article Prof. Vithoukas is condemning severely the so called “new ideas” on homeopathy that they have not any relation with the principles, theory and practice of real Homeopathy.

<https://www.vithoukas.com/writings/articles/british-media-attack-homeopathy-are-they-justified>

2. Classical Homeopathy is a therapeutic modality, a medicine in fact, which is based on the principle that the possibility of cure for a particular disease can often be achieved through the expert application of specially-prepared pharmaceutical substances which, when administered to a healthy person, have been proven to produce the similar symptoms as those of the disease in question. These proven substances are then effectively prescribed to sick persons.

3. Classical Homeopathy does not claim to cure everything but, significantly, it is very successful in the beginning stages of chronic conditions where conventional medicine can do very little. Homeopathy intervenes where conventional medicine can hardly do anything, especially at the beginning of chronic disease, where the disturbance has mainly been, and is still, of a functional character. When there is intervention with the correct homeopathic remedy, this can often stop further development of the disease.

4. Therefore, we have to separate homeopathy from other so called therapeutic methods. This was exactly the content of the speech of Prof. George Vithoukas at the Council of Europe (see details below):

COUNCIL OF EUROPE / Parliamentary Assembly

Doc. 8435 / 11 June 1999

A European approach to non-conventional medicines

¹ George Vithoukas is a Greek Professor of Homeopathic Medicine who is recognized around the world as the personality who re-established homeopathy in the 20th century. He set scientific standards on the theory and practice of homeopathy, trained thousands of homeopaths and medical doctors and many of the world's best known classical homeopaths.

Report
Social, Health and Family Affairs Committee
Rapporteur: Ms Lara Ragnarsdóttir, Iceland, European Democratic Group
Summary

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7. In May 1998, the Social, Health and Family Affairs Committee heard Mr Vithoulkas, a homeopath who has been awarded the Alternative Nobel Prize, and who identifies three separate categories: firstly, alternative medicine, which includes homeopathy and acupuncture; secondly, complementary medicine, which includes osteopathy, chiropractic, herbal medicine, naturopathy and so on; and a third, paramedical, category comprising techniques such as music therapy and meditation which bear no relation to medicine proper.

5. Concerning the *meta-analysis of over 1800 studies, published in 2015 by the National Health and Medical Research Council of Australia*. This meta-analysis, in which the attack against homeopathy was orchestrated, was false. The real fact was this:

<http://www.udihop.net/2018/07/19/5334/>

The first analysis that was done was positive for homeopathy, then they suppressed this first meta-analysis and presented another one with the false data in order to degrade homeopathy.

Furthermore, the commonly known events during the course of homeopathic treatment, such as “initial aggravation” and “symptom-shift” were not considered in almost all the studies. Thus, only few trials were eligible for meta-analyses, if at all. (Vithoulkas G., **Serious mistakes in meta-analysis of homeopathic research**, Journal of Medicine and Life Vol. 10, Issue 1, January-March 2017, pp.47-49) <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5304371/>

6. It is important that you take time to read below the latest papers displaying **impressive cured cases with Homeopathy**:

<http://journals.sagepub.com/doi/full/10.1177/2050313X18792813>

<http://journals.sagepub.com/doi/full/10.1177/2515690X18777995>

<http://www.medandlife.ro/index.php/current-issue/394-short-communication/1066-could-homeopathy-become-an-alternative-therapy-in-dengue-fever-an-example-of-10-case-studies-pdf>

<https://www.amjcaserep.com/abstract/index/idArt/905340>

<https://www.karger.com/Article/Abstract/481819>

<http://journals.sagepub.com/eprint/hbdbyJAjF3v37WZEIP5Y/full>

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5467251/>

http://journals.sagepub.com/doi/abs/10.1177/2156587216682168?url_ver=Z39.88-2003&rfr_id=ori:rid:crossref.org&rfr_dat=cr_pub%3dpubmed

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5909950/>

<http://www.ijrh.org/article.asp?issn=0974-7168;year=2015;volume=9;issue=2;spage=114;epage=122;aulast=Mahesh>

https://www.vithoukas.com/sites/default/files/writings/Homeopathy_Infertility.pdf

<http://www.oatext.com/Fracture-treatment-with-the-aid-of-the-homeopathic-remedy-Symphytum-officinale-A-report-of-four-cases.php>

7. Additionally, I am sending you the Conferences in which the Research Team of International Academy of Classical Homeopathy participated.

So far we have been invited to, and presented papers in, seven International Medical Congresses of very high standards with new ideas, which have an application not only in homeopathy but for general medicine as well. These new ideas have been proposed by Prof. Vithoukas in his book “Levels of Health” and in his article the “The Continuum of a Unified theory of Diseases” <https://www.medscimonit.com/download/index/idArt/878341>

Here are the Medical Congresses in which we participated:

New York - "Autoimmunity in 2017-Where Are We

Now?" <http://conferencesynergy.com/welcome-message-autoimmunity-in-2017/>

Fiji islands - “Immunometabolism and Chronic Disease

Conference” <https://imb.uq.edu.au/blog/2017/06/immunometabolism-and-chronic-disease-conference-august-2017-fiji>

Krakow, Poland - *WONCA Europe Conference* - <http://www.woncaeurope2018.com>

Dublin, Ireland - *Keystone Symposia* - <http://www.keystonesymposia.org/18C6>

Stockholm, Sweden - *The 5th World Psoriasis and Psoriatic Arthritis Conference* - <http://www.ifpaworldconference.com>

International Conference at the Harvard Medical School – *Movement, Brain-Body-Cognition* <https://conferencemovement.org>

Amsterdam, Netherlands - *The 5th European Congress of Immunology* <https://www.eci2018.org/>

Our paper that was presented in the congress at Harvard Medical School, received the prestigious award of the best poster (see the link):

<https://www.vithoukas.com/news/impressive-recognition-new-ideas-medicine>

8. Also note that a significant number of credible and positive experimental studies on homeopathy at molecular, cellular and clinical levels which have been published in peer review journals are presented below for the serious researcher. The research papers are categorised into three groups which you may view separately using the hyperlinks (in brackets): Human Studies, Animal Studies and In Vitro Studies.

These papers have been rigorously researched and produced by medical scientists, and have been approved and published in internationally-recognised, highly-respected Journals or other approved scientific sources of research material:

<http://www.vithoukas.com/research/positive-articles>

9. I think it will also be expedient for you to see the recent Swiss Report about homeopathy:

<http://www.springer.com/la/book/9783642206375>

Including these very useful links from the **World Health Organisation (WHO) about Homeopathy:**

http://apps.who.int/iris/bitstream/10665/92455/1/9789241506090_eng.pdf?ua=1
http://apps.who.int/iris/bitstream/10665/44238/1/9789241598842_eng.pdf

10. In the following link you will find **a selection of positive references, decisions and directives** from the World Health Organisation (WHO), the European Parliament, the Council of Europe and Others from 1975 to 2017:

<https://www.vithoukas.com/research/recognition-homeopathy>

11. I will now respectfully draw your attention to the fact that **Prof. George Vithoukas was awarded with the Right Livelihood Award (Alternative Nobel Prize) in 1996**, *"for his outstanding contribution to the revival of homeopathic knowledge and the training of homeopaths to the highest standards."*

<http://www.rightlivelihoodaward.org/laureates/george-vithoukas/>

It is our mutual moral duty to support and defend **the human rights of patients to choose the therapeutic modality they feel is better for themselves. This is an important issue of Democracy.**

I am at your disposal to send you additional details if you need further clarification and our Coordinators in Spain Dr. Maria Angels Carrera ace22191@comb.cat and Dr. Mercedes Meseguer 18525mmr@comb.cat are in your disposal to meet with you and provide any other detail you may request.

Yours sincerely,

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